

Protein Drink

Product description

Low fat protein shake with a very high protein proportion of 46 g per 500 ml. Milk proteins promote the constitution as well as the preservation of the muscle mass. Appropriate for power sportsmen as well as for endurance sportsmen to support the regeneration. Also recommended for people in a recovery phase like after disease or an injury. Contains natural calcium, magnesium and phosphorus.



Advantages

- Very high proportion of protein of 46 g per 500 ml
- Easy to handle
- Very convenient thanks to the reclosable tetra brick
- Natural taste

Utilisation

Handy ready-to-drink beverage. Ideal until 1 hour before physical load or right after training. Also very appropriate as night protein. Drink cool.

Ingredients

Skim milk, milk protein, water, flavours, carrageenan and sucralose.

Flavours / Packaging / Nutrition facts

Vanilla, Chocolate

PET-Flasche 500 ml

nutrition facts**	per 100 ml	per drink 500 ml
energy kJ (kcal)	240 (47)	1200 (285)
protein	9.2 g	46 g
carbohydrates	4.6 g	23 g
fat	<0.2 g	0.8 g

**Mittelwerte

minerals	per 100 ml	%ETD	per Drink 500 ml	%ETD
calcium	230 mg	29%	463 mg	144%
magnesium	15 mg	5%	700 mg	25%
phosphorus	145 mg	18%	2000 mg	91%