

# WHEY 94 CFM

## Product Description

Whey proteins from cross-flow microfiltration are very quickly available and have an amino acids composition similar to the body's own muscular protein. The high qualitative manufacturing process guarantees the highest possible preservation of the valuable protein fractions (like lactoferrin, glycomacropeptides, peptides fragments) and therefore is especially well appropriate for an efficient muscle growth.



## Advantages

- High biological value (170 according to Oser)
- Manufacturing process CFM
- High content in essential amino acids
- (BCAA 250 mg/g of pure protein)
- Lactose free
- Valuable immunoglobulins to strengthen the immune system
  - Alpha-lactalbumin 15%
  - Beta-lactalbumin 56%
  - Glycomacropeptides 20%
  - Immunoglobulins 3%

## Utilisation

To support the muscles and the body mass constitution take up to 30 min. before or right after training. Very appropriate to complete the products Mass Gainer and Recovery Formula or as additive to other products.



## Ingredients

Whey protein isolate from cross-flow microfiltration – no ion exchange.

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## Flavour / Packaging / Nutrition facts

Neutral, Banana, Strawberry, Vanilla

Dose 1500 g Pulver

nutrition facts	per 100 g powder	
energy kJ (kcal)	1530 (360)	
proteins	90 g	
carbohydrates	0 g	
fat	< 0.5 g	
minerals		%RDA*
calcium	320 mg	40%
magnesium	50 mg	16%
phosphorus	240 mg	30%

amino acids (per 100 g pure protein)**		
essential	histidine	1.9 g
	isoleucine	7.1 g
	leucine	11.6 g
	lysine	10.1 g
	methionine + cysteine	4.3 g
	phenylalanine + tyrosine	6.6 g
	threonine	8.3 g
	tryptophane	2.0 g
	valine	6.2 g
non-essentials	alanine	5.5 g
	arginine	1.9 g
	aspartic acid	11.5 g
	glutamic acid	20.5 g
	glycine	1.7 g
	proline	6.1 g
	serine	4.6 g

BCAA (leucine, isoleucine, valine): 250 mg/g pure protein

\*RDA = Recommended Daily Allowance

\*\* average value