

# PROTEIN SNACKS IN COMPARISON

## PROTEIN LOW CARB BAR



## CRUNCHY PROTEIN BAR



## PROTEIN CHOCO ALMONDS



## PROTEIN 36 BAR



## PROTEIN 50 BAR



Protein-Anteil	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■
Carbs / of which sugar (per 100 g)	25 / 3.7	19 / 0.7	30 / 3.5	26 / 9.1	5.8 / 4.2
Dietary fibre	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■
Choco coating	-	✓	✓	✓	-
<b>PURPOSE</b>					
Metabolic training	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■
Weight training	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■
Fitness	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■
Everyday life	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■	■ ■ ■

17 g protein and 16 g beneficial dietary fibre. Suitable as a satiating snack in everyday life as well as for weight control.

Crunchy protein bar without added sugar, suitable before and after gym workouts.

Cravings for something sweet? Try our almonds coated with chocolate. Without added sugar and a favourable fatty acid profile.

Carbohydrate protein bar with a moderate sugar content of 4.5 g / bar. Suitable after intensive workouts.

50% protein content and very low in sugar. Very satiating as a meal on-the-go as well as in the frame of low-carb workouts.