

## RECOVERY PRODUCTS IN COMPARISON

	PRO RECOVERY	RECOVERY DRINK	RECOVERY SHAKE	PROTEIN DRINK
Product line	Pro Energy & Endurance	Energy & Endurance	Energy & Endurance	Power & Muscle
<b>APPLICATION</b>				
Refill of glycogen stores				
Protection/maintenance of muscles				
<b>SPECIFICATION</b>				
Characteristics	<ul style="list-style-type: none"> <li>✓ 50% protein content, 8 sources of protein</li> <li>✓ Special protein colostrum</li> <li>✓ Suitable for endurance and power athletes</li> </ul>	<ul style="list-style-type: none"> <li>✓ Fast replenishment of energy storage</li> <li>✓ Whey protein, prebiotic dietary fibres</li> <li>✓ Handy portion bags</li> </ul>	<ul style="list-style-type: none"> <li>✓ High-quality milk proteins</li> <li>✓ Suitable as tasty dessert</li> </ul>	<ul style="list-style-type: none"> <li>✓ High-quality whey proteins</li> <li>✓ Handy for travelling</li> <li>✓ Functional &amp; tasty</li> </ul>
Nutritional values	<p><i>Vanilla flavour</i></p>			<p><i>Strawberry flavour</i></p>
Energy (kcal per portion)	140 kcal	218 kcal	250 kcal	185 kcal
Preparation	Water	Water	Milk (water)	ready to drink
Flavours	3	1	3	3
Lactose-free	low in lactose	✓	—	✓
Gluten-free	✓	✓	✓	✓
Vegetarian	ovo-lacto-vegetarian	lacto-vegetarian	lacto-vegetarian	lacto-vegetarian