

SPORTS DRINKS IN COMPARISON

	COMPETITION	ISOTONIC	LONG ENERGY	ULTRA COMPETITION	ELECTROLYTES	CARNITIN 1000 MINERALDRINK	LOW CARB BURNER
Product line	Energy & Endurance	Energy & Endurance	Energy & Endurance	Energy & Endurance	Energy & Endurance	Figure & Shape	Figure & Shape
Energy							
Properties	<ul style="list-style-type: none"> ✓ Hypotonic and acid-free ✓ Mildly flavoured 	<ul style="list-style-type: none"> ✓ Isoton ✓ Classic taste profile 	<ul style="list-style-type: none"> ✓ Hypotonic and acid-free ✓ Protein 	<ul style="list-style-type: none"> ✓ Hypotonic and acid-free ✓ Neutral taste 	<ul style="list-style-type: none"> ✓ Electrolytes (effervescent) ✓ No energy 	<ul style="list-style-type: none"> ✓ Functional nutrients ✓ L-carnitine, zinc, iron 	<ul style="list-style-type: none"> ✓ Fatty acid metabolism ✓ Green tea and L-carnitine
APPLICATION							
ENDURANCE	Endurance	○	○	○	○	●	●
	Endurance > 90 min	●	●	●	●	○	○
	Interval training	●	○	●	○	○	○
	Fatty acid metabolism	—	—	—	○	●	●
	Competition	●	○	○	○	○	○
Competition > 3 h	●	○	●	●	○	—	
STRENGTH	Gym workout	○	○	○	○	●	●
	High-intensity	●	○	●	○	○	○
SPECIFICATION							
Lactose-free & gluten-free	✓	✓	✓	✓	✓	✓	✓
Vegan	✓	✓	—	✓	✓	✓	✓

○ suitable ● very suitable ● perfect